








Supplementary material. Questionnaire on individual and environmental determinants of the consumption of iron-rich foods among adolescent girls

SECTION 1 : Intention

What is your personal opinion with regards to the following statement?

1- I have the intention to consume iron-rich foods/IRF each day.










Strongly disagree	Disagree	Neither disagree, Nor agree	Agree	Strongly agree
				

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SECTION 2 : Attitude

What is your personal opinion with regards to the following statements?



Strongly disagree	Disagree	Neither disagree, Nor agree	Agree	Strongly agree
				

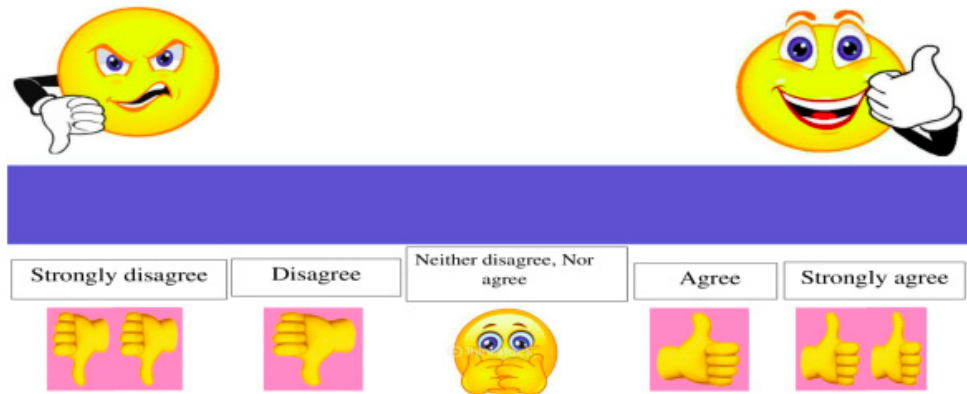
2.1 For me, consuming IRF each day would be very useful.






2.2 For me, there is no disadvantage in consuming IRF each day.

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SECTION 3 : Behavioral beliefs

What is your personal opinion with regards to the following statements?



Strongly disagree	Disagree	Neither disagree, Nor agree	Agree	Strongly agree
				



If I consume IRF each day, this will...






- 3.1 Allow me to be in good health (good physical and mental health)
- 3.2 Allow me to grow well
- 3.3 Allow me to be less tired
- 3.4 Will prevent anaemia
- 3.5 Will allow me to make up blood loss during menses
- 3.6 Will allow me to have a lot of vitamins
- 3.7 Can cause a weight gain
- 3.8 Can cause illnesses such as diarrhea, hypertension, indigestion, etc.
- 3.9 Can cause problems during menstruations

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SECTION 4 : Subjective norm

What is your personal opinion with regards to the following statements?



Strongly disagree	Disagree	Neither disagree, Nor agree	Agree	Strongly agree
				

4.1 Most people who are important to me would recommend that I eat IRF each day






4.2 People who are the most important for me think that I should eat IRF each day

4.3 If I consume IRF each day, nobody will disagree

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SECTION 5 : Normative beliefs

Do you think that the following persons will approve or disapprove that you consume IRF each day?

 				
Désapprouveraient fortement	Désapprouveraient légèrement	Ni désapprouveraient ni approuveraient	Approuveraient légèrement	Approuveraient fortement
				

5.1 Your father

5.2 Your mother

5.3 Your sisters

5.4 Your brothers

5.5 Your cousins (male)

5.6 Your cousins (female)

5.7 Your aunts

5.8 Your uncles

5.9 Your grand-mother

5.10 Your grand-father






5.11 Your friends

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SECTION 6: Perceived behavioral control

What is your personal opinion with regards to the following statements?



Strongly disagree	Disagree	Neither disagree, Nor agree	Agree	Strongly agree
				

6.1 I feel able to consume IRF each day

6.2 For me, consuming IRF each day is easy



6.3 If I have money, I would be able to consume IRF each day






6.4 If I had more control over what we cook at home, I would be able to consume IRF each day.

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SECTION 7: Environment

Do you agree or disagree that the following factors could prevent you for consuming IRF each day?



Strongly disagree	Disagree	Neither disagree, Nor agree	Agree	Strongly agree
				

7.1 The high price of IRF

7.2 Eating with family

7.3 At home, we don't cook IRF every day

7.4 My parents/tutors do not give me enough money to buy IRF

7.5 There are no IRF on sale near my home

7.6 At home, we don't cook a sufficient quantity of IRF