

SUPPLEMENTARY INFORMATION

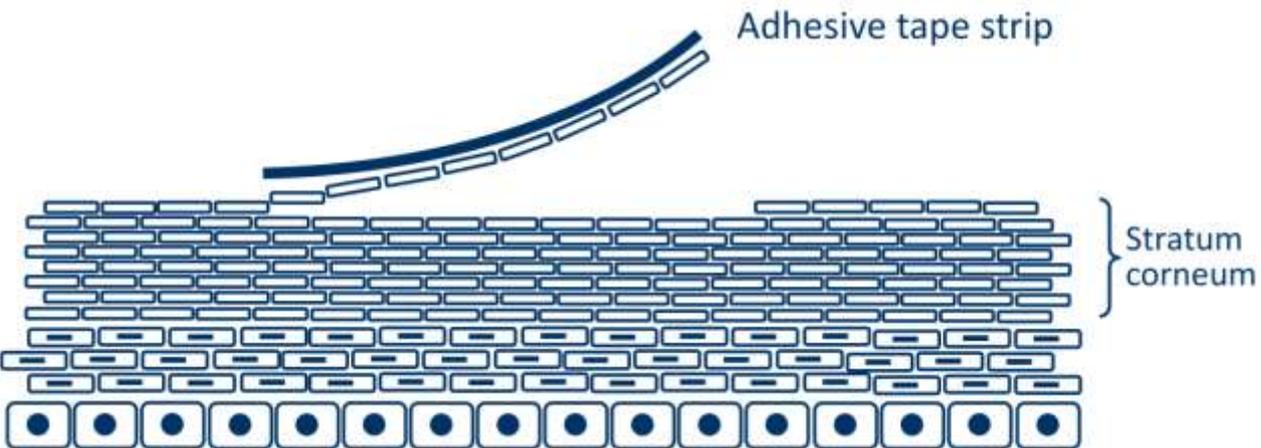
The Artichoke Leaf Extract Effectiveness on Skin Aging Expo-some: Efficacy and Safety Results of a Split-Face Study

Gloria Roveda, Enza Cestone, Francesca De Gennaro, Andrea Poggi, Violetta Insolia, Vincenzo Zaccaria and Vincenzo Nobile

Supplementary Table S1. Inclusion and exclusion criteria.

No.	Inclusion criteria
01	Healthy female subjects
02	Subjects aged between 40 and 65 years old
03	Subjects showing chrono/photo aging, dull skin and who perform work outdoor (for a time ranging from 4 to 8 hours).
04	Subjects registered with National Health Service (NHS)
05	Subjects certifying the truthfulness of the personal data disclosed to the investigator
06	Subjects able to understand the language used in the investigation center and the information given by the investigator
07	Subjects able to respect the instructions given by the investigator as well as able to respect the study constraints and specific requirements
08	The pharmacological therapy (except for the pharmacological therapy in the non-inclusion criteria) should be stable for at least one month without any changes expected or planned during the study
09	Commitment not to change the daily routine or the lifestyle
10	Subjects informed about the test procedures and who have signed a consent form.
No.	Exclusion criteria
01	Subjects who do not meet the inclusion criteria
02	Subjects with acute or chronic diseases able to interfere with the outcome of the study or that are considered dangerous for the subject or incompatible with the study requirements
03	Subjects participating or planning to participate in other clinical trials
04	Subjects deprived of freedom by administrative or legal decision or under guardianship
05	Subjects not able to be contacted in case of emergency
06	Subjects admitted to a health or social facility
07	Subjects planning a hospitalisation during the study
08	Subjects who participated in a similar study without respecting an adequate washout period
09	Subjects having an acute, chronic or progressive illness liable to interfere with the study data or considered by the Investigator hazardous for the subject or incompatible with the study requirements
10	Subjects under pharmacological treatments that are considered incompatible with the study requirement by the investigator
11	Subjects having a skin disease or condition liable to interfere with the study data or considered by the Investigator hazardous for the subject or incompatible with the study requirements
12	Subjects under pharmacological treatments that are considered incompatible with the study requirement by the investigator
13	Subjects that have shown allergies or sensitivity to cosmetic products, drugs, patch or medical devices
14	Subject breastfeeding, pregnant or not willing to take necessary precautions to avoid pregnancy during the study (for the women of childbearing potential).

Supplementary Figure S1. Skin stripping technique.



Supplementary Table S2. Self-assessment questionnaire.

No.	Item	Completely agree	Agree	Disagree	Completely disagree
01	The complexion is more radiant (less dull)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
02	The skin appears smoother	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
03	The product improves skin texture (reduction of wrinkles' depth and pores visibility)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
04	The skin tone is improved (less grey)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
05	The complexion is more even	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
06	The skin shows a healthier look	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
No.	Item	Very satisfied	Satisfied	Unsatisfied	Very unsatisfied
07	Are you satisfied with the results obtained with the tested product?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
No.	Item	Yes	No		
08	Would you suggest the use?	<input type="checkbox"/>	<input type="checkbox"/>		
09	Are you going to continue the use?	<input type="checkbox"/>	<input type="checkbox"/>		
10	Is the product well tolerated?	<input type="checkbox"/>	<input type="checkbox"/>		