

Supplementary Figures and Tables for Song et al., "Individual postprandial glycemic responses to meal types by different carbohydrate levels and their associations with glycemic variability using continuous glucose monitoring"

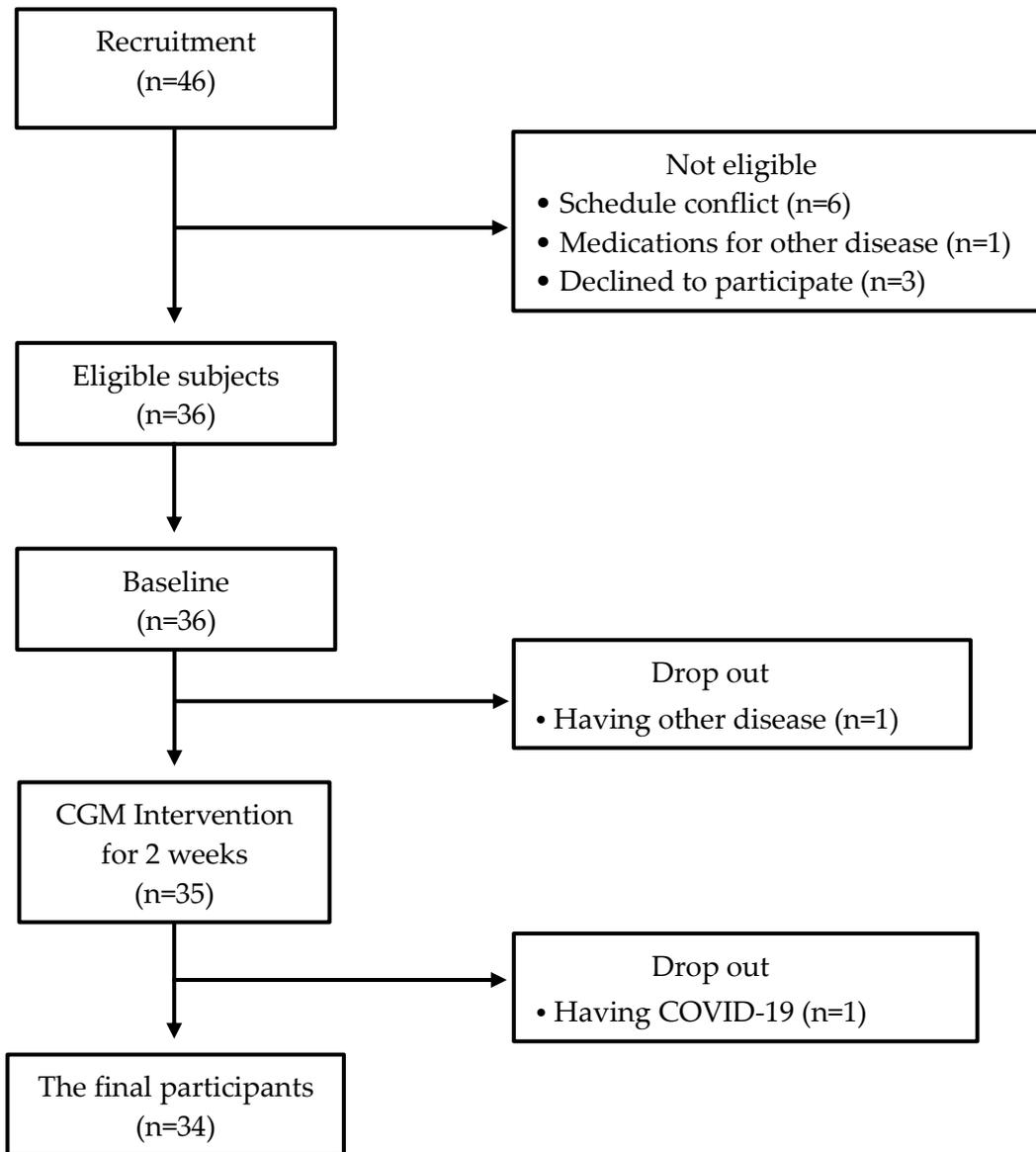
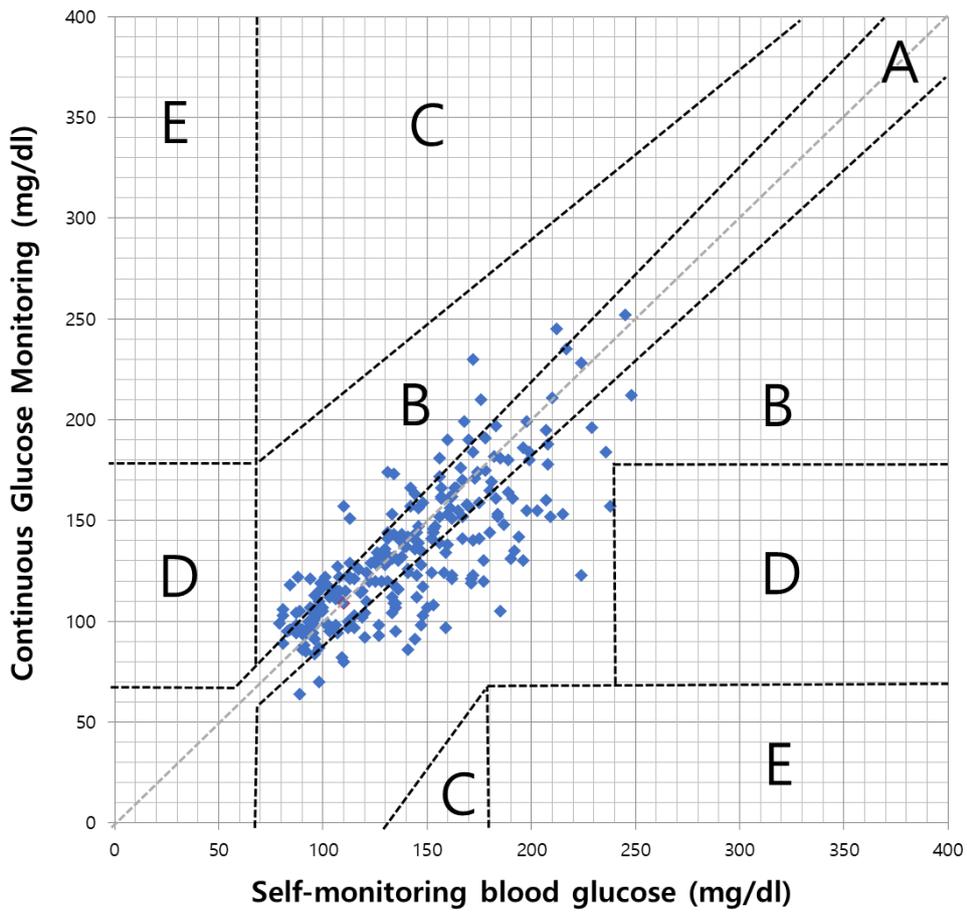


Figure S1. Flow chart for selection of study subjects



Supplementary Figure 2. The blood glucose levels measured by CGM and SMBG

**Supplementary Table 1.** The degree of fullness and meal duration according to the meal type

	Meal type				P-value <sup>1</sup>
	A (n=34)	B (n=33)	C (n=34)	D (n=34)	
Meal duration (min)	16.6 ± 6.3 <sup>b</sup>	15.2 ± 5.9 <sup>b</sup>	21.8 ± 6.2 <sup>a</sup>	20.7 ± 5.6 <sup>a</sup>	<b>&lt;.0001</b>
(Interquartile range)	(11.0 - 22.0)	(11.0 - 20.0)	(16.0 - 27.0)	(17.0 - 25.0)	
Fullness, n (%)					0.1852
Hungry	1 (2.9)	3 (9.1)	4 (11.8)	4 (11.8)	
Neutral	1 (2.9)	8 (24.2)	7 (20.6)	6 (17.7)	
Satisfied	7 (20.6)	12 (36.4)	6 (17.7)	8 (23.5)	
Full	16 (47.1)	5 (15.2)	10 (29.4)	8 (23.5)	
Very full	9 (26.5)	5 (15.2)	7 (20.6)	8 (23.5)	

<sup>1</sup> P-values are calculated by ANOVA and Chi-square test